

**White Oak Frozen Foods
Newman Operation**

Section: Nutrition
Items: 520, 521, 522, 523,
524, 525, 526

NUTRITION INFORMATION

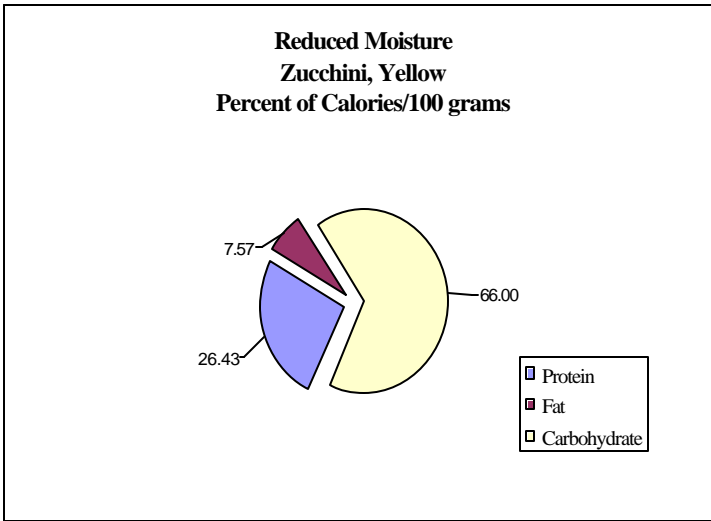
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Reduced Moisture^(TM) Zucchini

Revision:
05-06-05

Values per 100 grams

Nutrient	Value	Units	Nutrient	Value	Units
Protein	1.57	g	Total lipid (fat)	0.45	g
Carbohydrate, by difference	3.92	g	Fatty acids, total saturated	0.04	g
Energy	28.00	kcal	Fatty acids, total polyunsaturated	0.08	g
Energy	79.65	kJ	Fatty acids, total monounsaturated	0.02	g
Calcium, Ca	20.25	mg	Ash	0.570	g
Magnesium, Mg	29.70	mg	Water	89.93	g
Potassium, K	334.80	mg	Fiber, total dietary	1.62	g
Zinc, Zn	0.27	mg	Iron, Fe	0.57	mg
Manganese, Mn	0.18	mg	Phosphorus, P	43.20	mg
Vitamin A, IU	459.00	IU	Sodium, Na	4.05	mg
Vitamin A, RAE	22.59	mcg	Copper, Cu	0.08	mg
Vitamin E, ATE	0.16	mg	Selenium, Se	0.27	mcg
Thiamin	0.54	mg	Retinol	0.00	mcg
Niacin	0.85	mg	Tocopherol, alpha	0.46	mg
Vitamin B-6	12.15	mg	Vitamin C, total ascorbic acid	12.15	mg
Vitamin B-12	0.00	mcg	Riboflavin	0.06	mg
Cholesterol	0.00	mg	Pantothenic acid	0.34	mg
Tryptophan	0.02	g	Folate, total	20.25	mcg
Isoleucine	0.05	g	Phytosterols	9.45	mg
Lysine	0.08	g	Folate, DFE	20.25	mcg
Cystine	0.02	g	Threonine	0.04	g
			Leucine	0.09	g
			Methionine	0.02	g
			Phenylalanine	0.05	g
			Valine	0.06	g
			Histidine	0.04	g
			Aspartic acid	0.19	g
			Glycine	0.05	g
			Serine	0.06	g
			Tyrosine	0.01	g
			Arginine	0.04	g
			Alanine	0.03	g
			Glutamic acid	0.48	g
			Proline	0.02	g



This information is presented in good faith as typical. However, due to the variability of raw materials and processing, it is not guaranteed that these values are accurate for any specific lots of products supplied.